



Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina
Monday of the Twenty-third Week in Ordinary Time Year I
Lectionary 443:1 Tm 2:1-8/Ps 28:2, 7, 8-9/Jn 3:16/Lk 7:1-10

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute. Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention. Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*" Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to today/this week.*" Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

Reading

1 Tm 2:1-8

Beloved: First of all, I ask that supplications, prayers, petitions, and thanksgivings be offered for everyone, for kings and for all in authority, that we may lead a quiet and tranquil life in all devotion and dignity. This is good and pleasing to God our savior, who wills everyone to be saved and to come to knowledge of the truth.

For there is one God. There is also one mediator between God and men, the man Christ Jesus, who gave himself as ransom for all.

This was the testimony at the proper time. For this I was appointed preacher and Apostle (I am speaking the truth, I am not lying), teacher of the Gentiles in faith and truth.

It is my wish, then, that in every place the men should pray, lifting up holy hands, without anger or argument.



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Responsorial Psalm

Ps 28:2, 7, 8-9

R. (6) Blessed be the Lord, for he has heard my prayer.

Hear the sound of my pleading, when I cry to you, lifting up my hands toward your holy shrine.

R. Blessed be the Lord, for he has heard my prayer.

The LORD is my strength and my shield. In him my heart trusts, and I find help; then my heart exults, and with my song I give him thanks.

R. Blessed be the Lord, for he has heard my prayer.

The LORD is the strength of his people, the saving refuge of his anointed. Save your people, and bless your inheritance; feed them, and carry them forever!

R. Blessed be the Lord, for he has heard my prayer.



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Alleluia

Jn 3:16

R. Alleluia, alleluia.

God so loved the world that he gave his only-begotten Son, so that everyone who believes in him might have eternal life.

R. Alleluia, alleluia.

Gospel

Lk 7:1-10

When Jesus had finished all his words to the people, he entered Capernaum. A centurion there had a slave who was ill and about to die, and he was valuable to him. When he heard about Jesus, he sent elders of the Jews to him, asking him to come and save the life of his slave. They approached Jesus and strongly urged him to come, saying, "He deserves to have you do this for him, for he loves our nation and he built the synagogue for us." And Jesus went with them, but when he was only a short distance from the house, the centurion sent friends to tell him, "Lord, do not trouble yourself, for I am not worthy to have you enter under my roof. Therefore, I did not consider myself worthy to come to you; but say the word and let my servant be healed. For I too am a person subject to authority, with soldier's subject to me. And I say to one, 'Go,' and he goes; and to another, 'Come here,' and he comes; and to my slave, 'Do this,' and he does it." When Jesus heard this he was amazed at him and, turning, said to the crowd following him, "I tell you, not even in Israel have I found such faith." When the messengers returned to the house, they found the slave in good health.