

Lectionary: 523: Phil 4:4-9/Ps 103:1bc-2, 3-4, 8-9, 13-14, 17-18/Mt 23:11, 12b/Mt 18:1-

5

Read the following passage four times.

- The first reading, simple read the scripture and pause for a minute.

 Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- ➤ The second reading, look for a key word or phrase that draws your attention. Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "Where does the content of this reading touch my life today?"

 Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "I believe that God wants me to today/this week."

 Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

First Reading Phil 4:4-9

Brothers and sisters:

Rejoice in the Lord always. I shall say it again: rejoice! Your kindness should be known to all. The Lord is near. Have no anxiety at all, but in everything, by prayer and petition, with thanksgiving, make your requests known to God. Then the peace of God that surpasses all understanding will guard your hearts and minds in Christ Jesus.

Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is gracious, if there is any excellence and if there is anything worthy of praise, think about these things. Keep on doing what you have learned and received and heard and seen in me. Then the God of peace will be with you.



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Responsorial Psalm

Ps 103:1bc-2, 3-4, 8-9, 13-14, 17-18

R. O bless the Lord, my soul

Bless the LORD, my soul; all my being, bless his holy name! Bless the LORD, my soul; and do not forget all his gifts,

R. O bless the Lord, my soul

Who pardons all your sins, and heals all your ills, Who redeems your life from the pit, and crowns you with mercy and compassion.

R. O bless the Lord, my soul

Merciful and gracious is the LORD, slow to anger, abounding in mercy. He will not always accuse, and nurses no lasting anger; He has not dealt with us as our sins merit, nor requited us as our wrongs deserve.

R. O bless the Lord, my soul

As a father has compassion on his children, so the LORD has compassion on those who fear him. For he knows how we are formed, remembers that we are dust.



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R. O bless the Lord, my soul

But the LORD's mercy is from age to age, toward those who fear him. His salvation is for the children's children of those who keep his covenant, and remember to carry out his precepts.

R. O bless the Lord, my soul.



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Alleluia *Mt 23:11, 12b*

R. Alleluia, alleluia.

The greatest among you must be your servant. Whoever humbles himself will be exalted.

R. Alleluia, alleluia.

Gospel *Mt 18:1-5*

The disciples approached Jesus and said, "Who is the greatest in the kingdom of heaven?" He called a child over, placed it in their midst, and said, "Amen, I say to you, unless you turn and become like children, you will not enter the kingdom of heaven. Whoever humbles himself like this child is the greatest in the kingdom of heaven. And whoever receives one child such as this in my name receives me.