



**Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina**

Monday of the First Week in Ordinary Time Year I

Lectionary: 305: Heb 1:1-6/Ps 97:1 and 2b, 6 and 7c, 9/Mk 1:15/Mk 1:14-20

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute.
Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.

- The second reading, look for a key word or phrase that draws your attention.
Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.

- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*"
Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.

- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to today/this week.*"
Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

Reading

Heb 1:1-6

Brothers and sisters: In times past, God spoke in partial and various ways to our ancestors through the prophets; in these last days, he spoke to us through the Son, whom he made heir of all things and through whom he created the universe, who is the refulgence of his glory, the very imprint of his being, and who sustains all things by his mighty word. When he had accomplished purification from sins, he took his seat at the right hand of the Majesty on high, as far superior to the angels as the name he has inherited is more excellent than theirs.

For to which of the angels did God ever say: You are my Son; this day I have begotten you? Or again: I will be a father to him, and he shall be a Son to me? And again, when he leads the first born into the world, he says: Let all the angels of God worship him.



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Responsorial Psalm

Ps 97:1 and 2b, 6 and 7c, 9

R. (see 7c) Let all his angels worship him.

The LORD is king; let the earth rejoice; let the many isles be glad. Justice and judgment are the foundation of his throne.

R. Let all his angels worship him.

The heavens proclaim his justice, and all peoples see his glory. Let all his angels worship him.

R. Let all his angels worship him.

Because you, O LORD, are the Most High over all the earth, exalted far above all gods.

R. Let all his angels worship him.



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Alleluia

Mk 1:15

R. Alleluia, alleluia.

The Kingdom of God is at hand; repent and believe in the Gospel.

R. Alleluia, alleluia.

Gospel

Mk 1:14-20

After John had been arrested, Jesus came to Galilee proclaiming the Gospel of God: "This is the time of fulfillment. The Kingdom of God is at hand. Repent, and believe in the Gospel."

As he passed by the Sea of Galilee, he saw Simon and his brother Andrew casting their nets into the sea; they were fishermen. Jesus said to them, "Come after me, and I will make you fishers of men." Then they left their nets and followed him. He walked along a little farther and saw James, the son of Zebedee, and his brother John. They too were in a boat mending their nets. Then he called them. So they left their father Zebedee in the boat along with the hired men and followed him