



**Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina**

**Thursday of the Twenty-ninth Week in Ordinary Time Year I
Lectionary 476:Rm 6:19-23/Ps 1:1-2, 3, 4 and 6/Php 3:8-9/Lk 12:49-53**

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute. Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention. Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*" Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to today/this week.*" Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

Reading

Rm 6:19-23

Brothers and sisters: I am speaking in human terms because of the weakness of your nature. For just as you presented the parts of your bodies as slaves to impurity and to lawlessness for lawlessness, so now present them as slaves to righteousness for sanctification. For when you were slaves of sin, you were free from righteousness. But what profit did you get then from the things of which you are now ashamed? For the end of those things is death. But now that you have been freed from sin and have become slaves of God, the benefit that you have leads to sanctification, and its end is eternal life. For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord.



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Responsorial Psalm

Ps 1:1-2, 3, 4 and 6

R. (Ps 40:5) Blessed are they who hope in the Lord.

Blessed the man who follows not the counsel of the wicked nor walks in the way of sinners, nor sits in the company of the insolent, but delights in the law of the LORD and meditates on his law day and night.

R. Blessed are they who hope in the Lord.

He is like a tree planted near running water, that yields its fruit in due season and whose leaves never fade. Whatever he does, prospers.

R. Blessed are they who hope in the Lord.

Not so the wicked, not so; they are like chaff which the wind drives away. For the LORD watches over the way of the just, but the way of the wicked vanishes.

R. Blessed are they who hope in the Lord.



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Gospel

Php 3:8-9

R. Alleluia, alleluia.

I consider all things so much rubbish that I may gain Christ and be found in him.

R. Alleluia, alleluia.

Gospel

Lk 12:49-53

Jesus said to his disciples: "I have come to set the earth on fire, and how I wish it were already blazing! There is a baptism with which I must be baptized, and how great is my anguish until it is accomplished! Do you think that I have come to establish peace on the earth? No, I tell you, but rather division. From now on a household of five will be divided, three against two and two against three; a father will be divided against his son and a son against his father, a mother against her daughter and a daughter against her mother, a mother-in-law against her daughter-in-law and a daughter-in-law against her mother-in-law."