



**Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina**

Tuesday of the Thirtieth Week in Ordinary Time Year I

Lectionary 480:Rm 8:18-25/Ps 126:1b-2ab, 2cd-3, 4-5, 6/See Mt 11:25/Lk 13:18-21

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute. Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention. Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*" Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to today/this week.*" Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

Reading

Rm 8:18-25

Brothers and sisters: I consider that the sufferings of this present time are as nothing compared with the glory to be revealed for us. For creation awaits with eager expectation the revelation of the children of God; for creation was made subject to futility, not of its own accord but because of the one who subjected it, in hope that creation itself would be set free from slavery to corruption and share in the glorious freedom of the children of God. We know that all creation is groaning in labor pains even until now; and not only that, but we ourselves, who have the first fruits of the Spirit, we also groan within ourselves as we wait for adoption, the redemption of our bodies. For in hope we were saved. Now hope that sees for itself is not hope. For who hopes for what one sees? But if we hope for what we do not see, we wait with endurance.



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Responsorial Psalm

Ps 126:1b-2ab, 2cd-3, 4-5, 6

R. (3a) The Lord has done marvels for us.

When the LORD brought back the captives of Zion, we were like men dreaming. Then our mouth was filled with laughter, and our tongue with rejoicing.

R. The Lord has done marvels for us.

Then they said among the nations, "The LORD has done great things for them." The LORD has done great things for us; we are glad indeed.

R. The Lord has done marvels for us.

Restore our fortunes, O LORD, like the torrents in the southern desert. Those that sow in tears shall reap rejoicing.

R. The Lord has done marvels for us.

Although they go forth weeping, carrying the seed to be sown, they shall come back rejoicing, carrying their sheaves.

R. The Lord has done marvels for us.



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Alleluia

See Mt 11:25

R. Alleluia, alleluia.

Blessed are you, Father, Lord of heaven and earth; you have revealed to little ones the mysteries of the Kingdom.

R. Alleluia, alleluia.

Gospel

Lk 13:18-21

Jesus said, "What is the Kingdom of God like? To what can I compare it? It is like a mustard seed that a man took and planted in the garden. When it was fully grown, it became a large bush and the birds of the sky dwelt in its branches."

Again he said, "To what shall I compare the Kingdom of God? It is like yeast that a woman took and mixed in with three measures of wheat flour until the whole batch of dough was leavened."