



Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina
Friday of the First Week of Advent
Lectionary: 179

* * *

Lectio Divina

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute.
Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention.
Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*"
Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to today/this week.*"
Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

Reading

Is 29:17-24

Thus says the Lord GOD: But a very little while, and Lebanon shall be changed into an orchard, and the orchard be regarded as a forest! On that day the deaf shall hear the words of a book; And out of gloom and darkness, the eyes of the blind shall see. The lowly will ever find joy in the LORD, and the poor rejoice in the Holy One of Israel. For the tyrant will be no more and the arrogant will have gone; All who are alert to do evil will be cut off, those whose mere word condemns a man, Who ensnare his defender at the gate, and leave the just man with an empty claim. Therefore, thus says the LORD, the God of the house of Jacob, who redeemed Abraham: Now Jacob shall have nothing to be ashamed of, nor shall his face grow pale. When his children see the work of my hands in his midst, they shall keep my name holy; they shall reverence the Holy One of Jacob, and be in awe of the God of Israel. Those who err in spirit shall acquire understanding, and those who find fault shall receive instruction.

* * *

Lectio Divina

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute.
Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention.
Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*"



Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina
Friday of the First Week of Advent
Lectionary: 179

Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.

- The fourth reading, pause for 2-3 minutes reflecting on *“I believe that God wants me to today/this week.”*
Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

Responsorial Psalm

Ps 27:1, 4, 13-14

R. (1a) The Lord is my light and my salvation.

The LORD is my light and my salvation; whom should I fear? The LORD is my life’s refuge; of whom should I be afraid?

R. The Lord is my light and my salvation.

One thing I ask of the LORD; this I seek: To dwell in the house of the LORD all the days of my life, that I may gaze on the loveliness of the LORD and contemplate his temple.

R. The Lord is my light and my salvation.

I believe that I shall see the bounty of the LORD in the land of the living. Wait for the LORD with courage; be stouthearted, and wait for the LORD.

R. The Lord is my light and my salvation.

* * *

Lectio Divina

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute.
Listen to the passage with the ear of the heart. Don’t get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention.
Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on *“Where does the content of this reading touch my life today?”*
Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on *“I believe that God wants me to today/this week.”*



Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina
Friday of the First Week of Advent
Lectionary: 179

Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise.
In a group setting, you can share your reflection or simply pass.

Alleluia

R. Alleluia, alleluia.

Behold, our Lord shall come with power; he will enlighten the eyes of his servants.

R. Alleluia, alleluia.

Gospel

Mt 9:27-31

As Jesus passed by, two blind men followed him, crying out, “Son of David, have pity on us!” When he entered the house, the blind men approached him and Jesus said to them, “Do you believe that I can do this?” “Yes, Lord,” they said to him. Then he touched their eyes and said, “Let it be done for you according to your faith.” And their eyes were opened. Jesus warned them sternly, “See that no one knows about this.” But they went out and spread word of him through all that land.