

Office of Marriage and Family Life

SERVING YOU AND YOUR PARISH



ABOUT US

OFFICE OF MARRIAGE & FAMILY LIFE



- *Count on our prayers.*
- *Tell us how we can help.*
- *Call for more information.*

OUR MISSION STATEMENT

The Office of Marriage & Family Life supports parishes, agencies, and other apostolates in their mission to enrich the domestic Church by sharing the Catholic faith with the lay faithful and their families. Our mission, based on faith, hope and love, is guided by the Holy Spirit, nourished by Christ in the Eucharist, and grounded in the universal call to holiness!

ADDRESS

Cardinal Rigali Center
20 Archbishop May Drive
St. Louis, MO 63119-5738

WEBSITE archstl.org/marriage-family-life

FACEBOOK Like Us on Facebook

TWITTER @stlcatholicfam

STAFF



Executive Director
JULIE BOSTICK



Event and Program
Coordinator
ALYSSA BERGMAN



Spiritual
Advisor
REV. JIM EDWARDS



Administrative
Assistant
LISA ALBRECHT

FAMILY LIFE MINISTRY

BEREAVEMENT MINISTRY

We support parishes by training facilitators of *Seasons of Hope* Support Groups; we provide further Q&A support and formation for the trained facilitators; we help publicize support groups; and sample programs for parishes to review.

DIVORCED/SEPARATED MINISTRY

We support parishes by training facilitators of *Catholic's Divorced Survival Guide* Support Groups; we provide further Q&A support and formation for the trained facilitators; we help publicize support groups; and sample programs for parishes to review.

The Catholic's Divorce Survival Guide

ascensionpress.com

PARISH FAMILY LIFE SUPPORT

Ongoing collaboration with parishes to increase vibrancy and outreach

CONTACT: JULIE BOSTICK

JULIEBOSTICK@ARCHSTL.ORG 314.792.7180

FAMILY LIFE MINISTRY cont.

HOW TO PRAY AS A COUPLE WORKSHOPS

We offer help, support, and training to couples who seek to begin Marriage Enrichment Ministries in their parishes. We recommend marriage retreats and speakers on marriage and parenting. We also will help publicize Marriage Enrichment events throughout the Archdiocese.

CONTACT: JULIE BOSTICK

JULIEBOSTICK@ARCHSTL.ORG 314.792.7180

PARISH MARRIAGE ENRICHMENT SUPPORT

Call our office for a list of Catholic marriage counselors. We provide ongoing collaboration with parishes to increase vibrancy and outreach.

CONTACT: JULIE BOSTICK

JULIEBOSTICK@ARCHSTL.ORG 314.792.7180

ANNUAL SILVER AND GOLDEN WEDDING JUBILEE MASS

Mass celebrated each fall honoring couples celebrating their 25th, 50th or 50-plus anniversary

CONTACT: ALYSSA BERGMAN

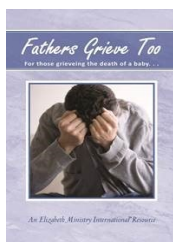
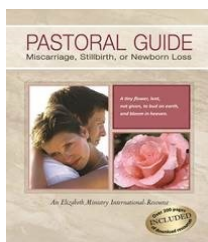
ALYSSABERGMAN@ARCHSTL.ORG 314.792.7185

FAMILY LIFE RESOURCES

BEREAVEMENT

Seasons of Hope—This is a versatile program that can be used for various types of grief, along with other resources.

avemariapress.com



Pastoral Guide—Miscarriage, Stillbirth, or Newborn Loss

Fathers Grieve Too—For those grieving the death of a baby

Mothers In Mourning—For those grieving the death of a baby

For those grieving a loss through miscarriage, stillbirth, or newborn death.

GRANDPARENTS



Call our office for information on how to establish a Catholic Grandparents Association group in your parish/deanery.

FAMILY LIFE RESOURCES cont.

MARRIAGE ENRICHMENT

Beloved

augustineinstitute.org



The Choice Wine

thechoicewine.org



Covenant of Love

<http://covenantoflove.org/>



World Wide Marriage Encounter <http://www.wwme.org/>

Retrouvaille <http://retrouvaille.org/>

SPIN (SPiritual INTimacy in Marriage)

<http://genesis-ministry.org/retreats>

MOTHERHOOD

Momnipotent

momnipotentstudy.com



The Office of Marriage & Family Life supports mothers within parishes/deaneries who would like to begin a group for Young Mothers.

FAMILY LIFE RESOURCES cont.

SAME-SEX ATTRACTION

Invited to Courageous Love

DVD Series

couragec.org

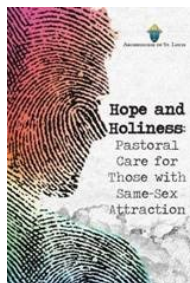


Desire of the Everlasting Hills

everlastinghills.org

Hope and Holiness: Pastoral Care for Those with Same-Sex Attraction

Book to assist people to apply the teachings and care of the Church to very specific pastoral situations of same-sex attraction.



Marriage is... Website with numerous resources

<http://archstl.org/marriage>

ANTI-PORNOGRAPHY

RECLAIM God's Plan for Sexual Health offers a science-based, Catholic Online Recovery



Program and other resources for those who desire to reclaim God's plan for their lives and the lives of loved ones impacted by pornography or other unhealthy sexual behaviors. <https://reclaimsexualhealth.com/>

FAMILY LIFE RESOURCES cont.

SEPARATED/DIVORCED

Surviving Divorce

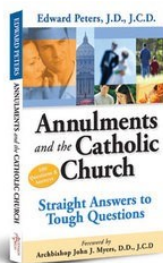
ascensionpress.com

We support parishes by training facilitators of *Surviving Divorce* Support Groups; we provide further Q&A support and formation for the trained facilitators; and we help publicize support groups



Annulments and the Catholic Church

Book By Edward Peters, J.D., J.C.D.
Straight Answers to Tough Questions
about Annulments.



Videos on Annulments

Check out these new short videos on annulments. The first video is a general introduction to annulments, and the second video briefly answers a few of the most common questions people have about the annulment process: <http://archstl.org/laityandfamilylife/page/ministry-separated-widowed-or-divorced>.

***Visit our website for other resources for Separated/
Divorced Ministry:***

<http://archstl.org/laityandfamilylife/page/ministry-separated-widowed-or-divorced>

MARRIAGE PREPARATION MINISTRY

MARRIAGE PREPARATION

Provides classes using the *Joy-Filled Marriage* program to help couples prepare for their marriage

MARRIAGE PREPARATION PARISH MENTOR TRAINING

Training on the *Joy-Filled Marriage* preparation program for parish mentors upon request

REMARRIAGE PREPARATION

Referral to a Catholic counselor to provide special remarriage preparation upon request.

PARISH MARRIAGE PREPARATION SUPPORT

Ongoing collaboration with parishes to increase vibrancy and outreach

CONTACT: JULIE BOSTICK
JULIEBOSTICK@ARCHSTL.ORG 314.792.7180

MARRIAGE PREPARATION RESOURCES

Joy-Filled Marriage
Marriage Preparation
Program by Ascension
Press



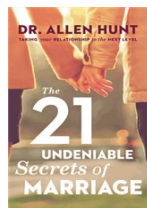
<https://shop.ascensionpress.com/collections/joy-filled-marriage>

Witness to Love
Marriage Preparation
Program by Ascension
Press



<https://witness to love.org>

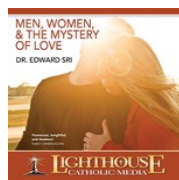
The 21 Undeniable Secrets of Marriage
by Dr. Allen Hunt



Good News About Sex & Marriage
by Christopher West



Men, Women, and the Mystery of Love
CD by Dr. Edward Sri

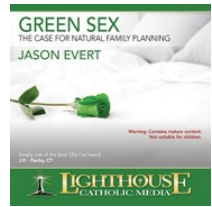


7 Reasons Why... Living Together is NOT a Good Idea
omf@gw.stcdio.org

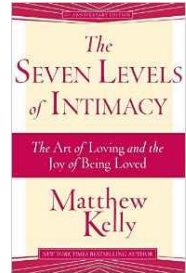
St. Louis Review- 3 months free subscription

MARRIAGE PREPARATION RESOURCES

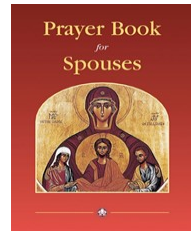
Green Sex: The Case for Natural Family Planning CD by Jason Evert



The 7 Levels of Intimacy
CD by Matthew Kelly



Prayer Book for Spouses from Ignatius Press



Married Love and the Gift of Life Brochure from the USCCB

Prayer Process Cards from Dynamic Catholic

What Can Natural Family Planning do for you?
<http://stouis.nfp.org>

A Dozen Differences Between Natural Family Planning and Contraception <http://stouis.nfp.org>

OTHER MINISTRIES

CATHOLIC MEN FOR CHRIST ANNUAL CONFERENCE

Engages, educates and encourages Catholic men to live their faith. www.catholicmenforchrist.org

Facebook: Catholic Men for Christ Instagram: cmfc_stl

CATHOLIC WOMEN FOR CHRIST ANNUAL CONFERENCE

An opportunity for women to enrich their Catholic faith and respond to God's universal call to holiness

www.catholicwomenforchrist.org

Facebook: Catholic Women for Christ Instagram: cwfc_stl

CONTACT: ALYSSA BERGMAN

ALYSSABERGMAN@ARCHSTL.ORG 314.792.7185

PARISH COUNCIL DEVELOPMENT

Programs, training and support for Parish Councils

CONTACT: ALYSSA BERGMAN

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NEWSLETTERS

Disciples' Dispatch — Monthly e-newsletter

Never Alone — Quarterly e-newsletter for Separated and Divorced Catholics

CONTACT: LISA ALBRECHT

LISAALBRECHT@ARCHSTL.ORG 314.792.7171



ARCHDIOCESE OF ST. LOUIS
Office of Marriage and Family Life

SUPPORTED BY THE



ANNUAL
CATHOLIC
APPEAL

BUILD MY CHURCH