



Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina
Saturday of the First Week of Lent
Lectionary: 229

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Lectio Divina

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute.
Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention.
Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*"
Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to today/this week.*"
Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

Reading

Dt 26:16-19

Moses spoke to the people, saying: "This day the LORD, your God, commands you to observe these statutes and decrees. Be careful, then, to observe them with all your heart and with all your soul. Today you are making this agreement with the LORD: he is to be your God and you are to walk in his ways and observe his statutes, commandments and decrees, and to hearken to his voice. And today the LORD is making this agreement with you: you are to be a people peculiarly his own, as he promised you; and provided you keep all his commandments, he will then raise you high in praise and renown and glory above all other nations he has made, and you will be a people sacred to the LORD, your God, as he promised."

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Responsorial Psalm

Ps 119:1-2, 4-5, 7-8

R. (1b) Blessed are they who follow the law of the Lord!

Blessed are they whose way is blameless, who walk in the law of the LORD. Blessed are they who observe his decrees, who seek him with all their heart.

R. Blessed are they who follow the law of the Lord!

You have commanded that your precepts be diligently kept. Oh, that I might be firm in the ways of keeping your statutes!

R. Blessed are they who follow the law of the Lord!

I will give you thanks with an upright heart, when I have learned your just ordinances. I will keep your statutes; do not utterly forsake me.

R. Blessed are they who follow the law of the Lord!

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Verse Before the Gospel

2 Cor 6:2b



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Behold, now is a very acceptable time; behold, now is the day of salvation.

Gospel

Mt 5:43-48

Jesus said to his disciples: “You have heard that it was said, *You shall love your neighbor and hate your enemy*. But I say to you, love your enemies, and pray for those who persecute you, that you may be children of your heavenly Father, for he makes his sun rise on the bad and the good, and causes rain to fall on the just and the unjust. For if you love those who love you, what recompense will you have? Do not the tax collectors do the same? And if you greet your brothers and sisters only, what is unusual about that? Do not the pagans do the same? So be perfect, just as your heavenly Father is perfect.”