



**Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina**

Friday of the Twelfth Week in Ordinary Time Year I

Lectionary: 375: Gn 17:1, 9-10, 15-22/Ps 128:1-2, 3, 4-5/Mt 8:17/Mt 8:1-4

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute. Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.

- The second reading, look for a key word or phrase that draws your attention. Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.

- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*" Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.

- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to today/this week.*" Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

Reading

Gn 17:1, 9-10, 15-22

When Abram was ninety-nine years old, the LORD appeared to him and said: "I am God the Almighty. Walk in my presence and be blameless."

God also said to Abraham: "On your part, you and your descendants after you must keep my covenant throughout the ages. This is my covenant with you and your descendants after you that you must keep: every male among you shall be circumcised."

God further said to Abraham: "As for your wife Sarai, do not call her Sarai; her name shall be Sarah. I will bless her, and I will give you a son by her. Him also will I bless; he shall give rise to nations, and rulers of peoples shall issue from him." Abraham prostrated himself and laughed as he said to himself, "Can a child be born to a man who is a hundred years old? Or can Sarah give birth at ninety?" Then Abraham said to God, "Let but Ishmael live on by your favor!" God replied: "Nevertheless, your wife Sarah is to bear you a son, and you shall call him Isaac. I will maintain my covenant with him as an everlasting pact, to be his God and the God of his descendants after him. As for Ishmael, I am heeding you: I hereby bless him. I will make him fertile and will multiply him exceedingly. He shall become the father of twelve chieftains, and I will make of him a great nation. But my covenant I will maintain with Isaac, whom Sarah shall bear to you by this time next year." When he had finished speaking with him, God departed from Abraham.



**Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina**

Friday of the Twelfth Week in Ordinary Time Year I

Lectionary: 375: Gn 17:1, 9-10, 15-22/Ps 128:1-2, 3, 4-5/Mt 8:17/Mt 8:1-4

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute.
Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.

- The second reading, look for a key word or phrase that draws your attention.
Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.

- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*"
Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.

- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to today/this week.*"
Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

Responsorial Psalm

Ps 128:1-2, 3, 4-5

R. (4) See how the Lord blesses those who fear him.

Blessed are you who fear the LORD, who walk in his ways! For you shall eat the fruit of your handiwork; blessed shall you be, and favored.

R. See how the Lord blesses those who fear him.

Your wife shall be like a fruitful vine in the recesses of your home; Your children like olive plants around your table.

R. See how the Lord blesses those who fear him.

Behold, thus is the man blessed who fears the LORD. The LORD bless you from Zion: may you see the prosperity of Jerusalem all the days of your life.

R. See how the Lord blesses those who fear him.



**Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina**

Friday of the Twelfth Week in Ordinary Time Year I

Lectionary: 375: Gn 17:1, 9-10, 15-22/Ps 128:1-2, 3, 4-5/Mt 8:17/Mt 8:1-4

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute.
Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.

- The second reading, look for a key word or phrase that draws your attention.
Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.

- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*"
Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.

- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to today/this week.*"
Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

Alleluia

Mt 8:17

R. Alleluia, alleluia.

Christ took away our infirmities and bore our diseases.

R. Alleluia, alleluia.

Gospel

Mt 8:1-4

When Jesus came down from the mountain, great crowds followed him. And then a leper approached, did him homage, and said, "Lord, if you wish, you can make me clean." He stretched out his hand, touched him, and said, "I will do it. Be made clean." His leprosy was cleansed immediately. Then Jesus said to him, "See that you tell no one, but go show yourself to the priest, and offer the gift that Moses prescribed; that will be proof for them."