

Archdiocese of St. Louis Office of Sacred Worship Lectio Divina Friday of the Fourth Week in Ordinary Time Year II Lectionary: 327: Sir 47:2-11/Ps 18:31, 47 and 50, 51/See Lk 8:15/Mk 6:14-29

Read the following passage four times.

- The first reading, simple read the scripture and pause for a minute. Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention. Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "Where does the content of this reading touch my life today?" Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your

Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.

The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to today/this week.*"
 Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

Reading

Sir 47:2-11

Like the choice fat of sacred offerings, so was DAVID in Israel. He played with lions as though they were young goats, and with bears, like lambs of the flock. As a youth he struck down the giant and wiped out the people's disgrace; His hand let fly the slingstone that shattered the pride of Goliath. For he had called upon the Most High God, who gave strength to his right arm To defeat the skilled warrior and establish the might of his people. Therefore the women sang his praises and honored him for "the tens of thousands." When he received the royal crown, he battled and subdued the enemy on every side. He campaigned against the hostile Philistines and shattered their power till our own day. With his every deed he offered thanks to God Most High, in words of praise. With his whole heart he loved his Maker and daily had his praises sung; He added beauty to the feasts and solemnized the seasons of each year With string music before the altar, providing sweet melody for the psalms So that when the Holy Name was praised, before daybreak the sanctuary would resound. The LORD forgave him his sins and exalted his strength forever; He conferred on him the rights of royalty and established his throne in Israel.



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Responsorial Psalm *R. Blessed be God my salvation!*

Ps 18:31, 47 and 50, 51

God's way is unerring; the LORD's promise is refined; he is a shield for all who take refuge in him.

R. Blessed be God my salvation!

The LORD lives! Blessed be my rock! Exalted be God, my savior! Thus I will praise you, LORD, among the nations; I will sing praises to your name.

R. Blessed be God my salvation!

You have given great victories to your king, and shown mercy to his anointed, to David and his posterity forever.

R. Blessed be God my salvation!

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Alleluia

R. Alleluia, alleluia.

Blessed are they who have kept the word with a generous heart, and yield a harvest through perseverance. **R. Alleluia.**

Gospel

King Herod heard about Jesus, for his fame had become widespread, and people were saying, "John the Baptist has been raised from the dead; that is why mighty powers are at work in him." Others were saying, "He is Elijah"; still others, "He is a prophet like any of the prophets." But when Herod learned of it, he said, "It is John whom I beheaded. He has been raised up."

Herod was the one who had John arrested and bound in prison on account of Herodias, the wife of his brother Philip, whom he had married. John had said to Herod, "It is not lawful for you to have your brother's wife." Herodias harbored a grudge against him and wanted to kill him but was unable to do so. Herod feared John, knowing him to be a righteous and holy man, and kept him in custody. When he heard him speak he was very much perplexed, yet he liked to listen to him. Herodias had an opportunity one day when Herod, on his birthday, gave a banquet for his courtiers, his military officers, and the leading men of Galilee. His own daughter came in and performed a dance that delighted Herod and his guests. The king said to the girl, "Ask of me whatever you wish and I will grant it to you." He even swore many things to her, "I will grant you whatever you ask of me, even to half of my kingdom." She went out and said to her mother, "What shall I ask for?" Her mother replied, "The head of John the Baptist." The girl hurried back to the king's presence and made her request, "I want you to give me at once on a platter the head of John the Baptist." The king was deeply distressed, but because of his oaths and the guests he did not wish to break his word to her. So he promptly dispatched an executioner with orders to bring back his head. He went off and beheaded him in the



See Lk 8:15

Mk 6:14-29



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prison. He brought in the head on a platter and gave it to the girl. The girl in turn gave it to her mother. When his disciples heard about it, they came and took his body and laid it in a tomb.