



Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina
Tuesday of the Fourth Week of Lent
Lectionary: 245

* * *

Lectio Divina

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute.
Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention.
Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*"
Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to today/this week.*"
Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

Reading

Ez 47:1-9, 12

The angel brought me, Ezekiel, back to the entrance of the temple of the LORD, and I saw water flowing out from beneath the threshold of the temple toward the east, for the façade of the temple was toward the east; the water flowed down from the right side of the temple, south of the altar. He led me outside by the north gate, and around to the outer gate facing the east, where I saw water trickling from the right side. Then when he had walked off to the east with a measuring cord in his hand, he measured off a thousand cubits and had me wade through the water, which was ankle-deep. He measured off another thousand and once more had me wade through the water, which was now knee-deep. Again he measured off a thousand and had me wade; the water was up to my waist. Once more he measured off a thousand, but there was now a river through which I could not wade; for the water had risen so high it had become a river that could not be crossed except by swimming. He asked me, "Have you seen this, son of man?" Then he brought me to the bank of the river, where he had me sit. Along the bank of the river I saw very many trees on both sides. He said to me, "This water flows into the eastern district down upon the Arabah, and empties into the sea, the salt waters, which it makes fresh. Wherever the river flows, every sort of living creature that can multiply shall live, and there shall be abundant fish, for wherever this water comes the sea shall be made fresh. Along both banks of the river, fruit trees of every kind shall grow; their leaves shall not fade, nor their fruit fail. Every month they shall bear fresh fruit, for they shall be watered by the flow from the sanctuary. Their fruit shall serve for food, and their leaves for medicine."

* * *

Lectio Divina

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute.
Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.



Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina
Tuesday of the Fourth Week of Lent
Lectionary: 245

- The second reading, look for a key word or phrase that draws your attention. Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on “*Where does the content of this reading touch my life today?*” Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on “*I believe that God wants me to today/this week.*” Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

Responsorial Psalm

Ps 46:2-3, 5-6, 8-9

R. (8) The Lord of hosts is with us; our stronghold is the God of Jacob.

God is our refuge and our strength, an ever-present help in distress. Therefore, we fear not, though the earth be shaken and mountains plunge into the depths of the sea.

R. The Lord of hosts is with us; our stronghold is the God of Jacob.

There is a stream whose runlets gladden the city of God, the holy dwelling of the Most High. God is in its midst; it shall not be disturbed; God will help it at the break of dawn.

R. The Lord of hosts is with us; our stronghold is the God of Jacob.

The LORD of hosts is with us; our stronghold is the God of Jacob. Come! Behold the deeds of the LORD, the astounding things he has wrought on earth.

R. The Lord of hosts is with us; our stronghold is the God of Jacob.

* * *

Lectio Divina

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute. Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention. Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on “*Where does the content of this reading touch my life today?*”



Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina
Tuesday of the Fourth Week of Lent
Lectionary: 245

Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.

- The fourth reading, pause for 2-3 minutes reflecting on *“I believe that God wants me to today/this week.”*
Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

Verse Before the Gospel

Ps 51:12a, 14a

A clean heart create for me, O God; give me back the joy of your salvation.

Gospel

Jn 5:1-16

There was a feast of the Jews, and Jesus went up to Jerusalem. Now there is in Jerusalem at the Sheep Gate a pool called in Hebrew Bethesda, with five porticoes. In these lay a large number of ill, blind, lame, and crippled. One man was there who had been ill for thirty-eight years. When Jesus saw him lying there and knew that he had been ill for a long time, he said to him, “Do you want to be well?” The sick man answered him, “Sir, I have no one to put me into the pool when the water is stirred up; while I am on my way, someone else gets down there before me.” Jesus said to him, “Rise, take up your mat, and walk.” Immediately the man became well, took up his mat, and walked.

Now that day was a Sabbath. So the Jews said to the man who was cured, “It is the Sabbath, and it is not lawful for you to carry your mat.” He answered them, “The man who made me well told me, ‘Take up your mat and walk.’” “They asked him, ‘Who is the man who told you, ‘Take it up and walk?’” The man who was healed did not know who it was, for Jesus had slipped away, since there was a crowd there. After this Jesus found him in the temple area and said to him, “Look, you are well; do not sin anymore, so that nothing worse may happen to you.” The man went and told the Jews that Jesus was the one who had made him well. Therefore, the Jews began to persecute Jesus because he did this on a Sabbath.