



Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina
Saturday after Epiphany
Lectionary: 217

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Lectio Divina

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute.
Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention.
Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*"
Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to today/this week.*"
Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

First Reading

1 Jn 5:14-21

Beloved: We have this confidence in him that if we ask anything according to his will, he hears us. And if we know that he hears us in regard to whatever we ask, we know that what we have asked him for is ours. If anyone sees his brother sinning, if the sin is not deadly, he should pray to God and he will give him life. This is only for those whose sin is not deadly. There is such a thing as deadly sin, about which I do not say that you should pray. All wrongdoing is sin, but there is sin that is not deadly.

We know that anyone begotten by God does not sin; but the one begotten by God he protects, and the Evil One cannot touch him. We know that we belong to God, and the whole world is under the power of the Evil One. We also know that the Son of God has come and has given us discernment to know the one who is true. And we are in the one who is true, in his Son Jesus Christ. He is the true God and eternal life. Children, be on your guard against idols.

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Responsorial Psalm

Ps 149:1-2, 3-4, 5-6a and 9b

R. (see 4a) The Lord takes delight in his people. or: R. Alleluia.

Sing to the LORD a new song of praise in the assembly of the faithful. Let Israel be glad in their maker, let the children of Zion rejoice in their king.

R. The Lord takes delight in his people. or: R. Alleluia.

Let them praise his name in the festive dance, let them sing praise to him with timbrel and harp. For the LORD loves his people and he adorns the lowly with victory.

R. The Lord takes delight in his people. or: R. Alleluia.

Let the faithful exult in glory; let them sing for joy upon their couches; Let the high praises of God be in their throats. This is the glory of all his faithful. Alleluia.

R. The Lord takes delight in his people. or: R. Alleluia.

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Alleluia

Mt 4:16

R. Alleluia, alleluia.

The people who sit in darkness have seen a great light, on those dwelling in a land overshadowed by death light has arisen.

R. Alleluia, alleluia.

Gospel

Jn 3:22-30

Jesus and his disciples went into the region of Judea, where he spent some time with them baptizing. John was also baptizing in Aenon near Salim, because there was an abundance of water there, and people came to be baptized, for John had not yet been imprisoned. Now a dispute arose between the disciples of John and a Jew about ceremonial washings. So they came to John and said to him, “Rabbi, the one who was with you across the Jordan, to whom you testified, here he is baptizing and everyone is coming to him.” John answered and said, “No one can receive anything except what has been given from heaven. You yourselves can testify that I said that I am not the Christ, but that I was sent before him. The one who has the bride is the bridegroom; the best man, who stands and listens for him, rejoices greatly at the bridegroom’s voice. So this joy of mine has been made complete. He must increase; I must decrease.”