



**Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina**

Wednesday of the Twenty-second Week in Ordinary Time Year II

Lectionary 433: 1 Cor 3:1-9/Ps. 33:12-13, 14-15, 20-21/Lk 4:18/Lk 4:38-44

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute. Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention. Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*" Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to today/this week.*" Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

Reading

1 Cor 3:1-9

Brothers and sisters, I could not talk to you as spiritual people, but as fleshly people, as infants in Christ. I fed you milk, not solid food, because you were unable to take it. Indeed, you are still not able, even now, for you are still of the flesh. While there is jealousy and rivalry among you, are you not of the flesh, and walking according to the manner of man? Whenever someone says, "I belong to Paul," and another, "I belong to Apollos," are you not merely men?

What is Apollos, after all, and what is Paul? Ministers through whom you became believers, just as the Lord assigned each one. I planted, Apollos watered, but God caused the growth. Therefore, neither the one who plants nor the one who waters is anything, but only God, who causes the growth. He who plants and he who waters are one, and each will receive wages in proportion to his labor. For we are God's co-workers; you are God's field, God's building.



**Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina**

Wednesday of the Twenty-second Week in Ordinary Time Year II

Lectionary 433: 1 Cor 3:1-9/Ps. 33:12-13, 14-15, 20-21/Lk 4:18/Lk 4:38-44

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute.
Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.

- The second reading, look for a key word or phrase that draws your attention.
Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.

- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*"
Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.

- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to today/this week.*"
Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

Responsorial Psalm

Ps. 33:12-13, 14-15, 20-21

R. (12) Blessed the people the Lord has chosen to be his own.

Blessed the nation whose God is the LORD; the people he has chosen for his own inheritance. From heaven the LORD looks down; he sees all mankind.

R. Blessed the people the Lord has chosen to be his own.

From his fixed throne he beholds all who dwell on the earth, He who fashioned the heart of each, he who knows all their works.

R. Blessed the people the Lord has chosen to be his own.

Our soul waits for the LORD, who is our help and our shield, for in him our hearts rejoice; in his holy name we trust.

R. Blessed the people the Lord has chosen to be his own.



**Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina**

Wednesday of the Twenty-second Week in Ordinary Time Year II

Lectionary 433: 1 Cor 3:1-9/Ps. 33:12-13, 14-15, 20-21/Lk 4:18/Lk 4:38-44

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute. Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention. Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*" Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to today/this week.*" Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

Alleluia

Lk 4:18

R. Alleluia, alleluia.

The Lord sent me to bring glad tidings to the poor and to proclaim liberty to captives.

R. Alleluia, alleluia.

Gospel

Lk 4:38-44

After Jesus left the synagogue, he entered the house of Simon. Simon's mother-in-law was afflicted with a severe fever, and they interceded with him about her. He stood over her, rebuked the fever, and it left her. She got up immediately and waited on them.

At sunset, all who had people sick with various diseases brought them to him. He laid his hands on each of them and cured them. And demons also came out from many, shouting, "You are the Son of God." But he rebuked them and did not allow them to speak because they knew that he was the Christ.

At daybreak, Jesus left and went to a deserted place. The crowds went looking for him, and when they came to him, they tried to prevent him from leaving them. But he said to them, "To the other towns also I must proclaim the good news of the Kingdom of God, because for this purpose I have been sent." And he was preaching in the synagogues of Judea.