



**Archdiocese of St. Louis  
Office of Sacred Worship  
Lectio Divina**

**Friday of the Fifth Week in Ordinary Time Year II**

**Lectionary: 333: 1 Kgs 11:29-32; 12:19/Ps 81:10-11ab, 12-13, 14-15/see Acts 16:14b/Mk 7:31-37**

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute.  
Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention.  
Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*"  
Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to . . . . . today/this week.*"  
Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

**Reading**

*1 Kgs 11:29-32; 12:19*

Jeroboam left Jerusalem, and the prophet Ahijah the Shilonite met him on the road. The two were alone in the area, and the prophet was wearing a new cloak. Ahijah took off his new cloak, tore it into twelve pieces, and said to Jeroboam: "Take ten pieces for yourself; the LORD, the God of Israel, says: 'I will tear away the kingdom from Solomon's grasp and will give you ten of the tribes. One tribe shall remain to him for the sake of David my servant, and of Jerusalem, the city I have chosen out of all the tribes of Israel.'" Israel went into rebellion against David's house to this day.



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**Responsorial Psalm**

*Ps 81:10-11ab, 12-13, 14-15*

**R. (11a and 9a) I am the Lord, your God: hear my voice.**

"There shall be no strange god among you nor shall you worship any alien god. I, the LORD, am your God who led you forth from the land of Egypt."

**R. I am the Lord, your God: hear my voice.**

"My people heard not my voice, and Israel obeyed me not; so I gave them up to the hardness of their hearts; they walked according to their own counsels."

**R. I am the Lord, your God: hear my voice.**

"If only my people would hear me, and Israel walk in my ways, quickly would I humble their enemies; against their foes I would turn my hand."

**R. I am the Lord, your God: hear my voice.**



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**Alleluia**

*see Acts 16:14b*

**R. Alleluia, alleluia.**

Open our hearts, O Lord, to listen to the words of your Son.

**R. Alleluia, alleluia.**

**Gospel**

*Mk 7:31-37*

Jesus left the district of Tyre and went by way of Sidon to the Sea of Galilee, into the district of the Decapolis. And people brought to him a deaf man who had a speech impediment and begged him to lay his hand on him. He took him off by himself away from the crowd. He put his finger into the man's ears and, spitting, touched his tongue; then he looked up to heaven and groaned, and said to him, "Ephphatha!" (that is, "Be opened!") And immediately the man's ears were opened, his speech impediment was removed, and he spoke plainly. He ordered them not to tell anyone. But the more he ordered them not to, the more they proclaimed it. They were exceedingly astonished and they said, "He has done all things well. He makes the deaf hear and the mute speak."