



**Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina
Saint Barnabas, apostle**

Lectionary: 580: Acts 11:21b-26; 13:1-3/Ps 98:1, 2-3ab, 3cd-4, 5-6/Mt 28:19a, 20b/Mt 10:7-13

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute.
Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention.
Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*"
Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to today/this week.*"
Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

Reading

Acts 11:21b-26; 13:1-3

In those days a great number who believed turned to the Lord. The news about them reached the ears of the Church in Jerusalem, and they sent Barnabas to go to Antioch. When he arrived and saw the grace of God, he rejoiced and encouraged them all to remain faithful to the Lord in firmness of heart, for he was a good man, filled with the Holy Spirit and faith. And a large number of people was added to the Lord. Then he went to Tarsus to look for Saul, and when he had found him he brought him to Antioch. For a whole year they met with the Church and taught a large number of people, and it was in Antioch that the disciples were first called Christians.

Now there were in the Church at Antioch prophets and teachers: Barnabas, Symeon who was called Niger, Lucius of Cyrene, Manaen who was a close friend of Herod the tetrarch, and Saul. While they were worshipping the Lord and fasting, the Holy Spirit said, "Set apart for me Barnabas and Saul for the work to which I have called them."

Then, completing their fasting and prayer, they laid hands on them and sent them off.



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Responsorial Psalm

Ps 98:1, 2-3ab, 3cd-4, 5-6

R. (see 2b) The Lord has revealed to the nations his saving power.

Sing to the LORD a new song, for he has done wondrous deeds; His right hand has won victory for him, his holy arm.

R. The Lord has revealed to the nations his saving power.

The LORD has made his salvation known: in the sight of the nations he has revealed his justice. He has remembered his kindness and his faithfulness toward the house of Israel.

R. The Lord has revealed to the nations his saving power.

All the ends of the earth have seen the salvation by our God. Sing joyfully to the LORD, all you lands; break into song; sing praise.

R. The Lord has revealed to the nations his saving power.

Sing praise to the LORD with the harp, with the harp and melodious song. With trumpets and the sound of the horn
sing joyfully before the King, the LORD.

R. The Lord has revealed to the nations his saving power.



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Alleluia

Mt 28:19a, 20b

R. Alleluia, alleluia.

Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, until the end of the age."

R. Alleluia, alleluia.

Gospel

Mt 10:7-13

Jesus said to the Twelve:

"As you go, make this proclamation: 'The kingdom of heaven is at hand.' Cure the sick, raise the dead, cleanse lepers, drive out demons. Without cost you have received; without cost you are to give. Do not take gold or silver or copper for your belts; no sack for the journey, or a second tunic, or sandals, or walking stick. The laborer deserves his keep. Whatever town or village you enter, look for a worthy person in it, and stay there until you leave. As you enter a house, wish it peace. If the house is worthy, let your peace come upon it; if not, let your peace return to you."