



**Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina**

Monday of the Thirty-first Week in Ordinary Time Year II

Lectionary 485:Phil 2:1-4/Ps 131:1bcde, 2, 3/Jn 8:31b-32/Lk 14:12-14

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute. Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- The second reading, look for a key word or phrase that draws your attention. Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*" Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to today/this week.*" Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

Reading

Phil 2:1-4

Brothers and sisters: If there is any encouragement in Christ, any solace in love, any participation in the Spirit, any compassion and mercy, complete my joy by being of the same mind, with the same love, united in heart, thinking one thing. Do nothing out of selfishness or out of vainglory; rather, humbly regard others as more important than yourselves, each looking out not for his own interests, but also everyone for those of others.



**Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina**

Monday of the Thirty-first Week in Ordinary Time Year II

Lectionary 485:Phil 2:1-4/Ps 131:1bcde, 2, 3/Jn 8:31b-32/Lk 14:12-14

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute.
Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.

- The second reading, look for a key word or phrase that draws your attention.
Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.

- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*"
Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.

- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to today/this week.*"
Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

Responsorial Psalm

Ps 131:1bcde, 2, 3

R. In you, O Lord, I have found my peace.

O LORD, my heart is not proud, nor are my eyes haughty; I busy not myself with great things, nor with things too sublime for me.

R. In you, O Lord, I have found my peace.

Nay rather, I have stilled and quieted my soul like a weaned child. Like a weaned child on its mother's lap, so is my soul within me.

R. In you, O Lord, I have found my peace.

O Israel, hope in the LORD, both now and forever.

R. In you, O Lord, I have found my peace.



**Archdiocese of St. Louis
Office of Sacred Worship
Lectio Divina**

Monday of the Thirty-first Week in Ordinary Time Year II

Lectionary 485:Phil 2:1-4/Ps 131:1bcde, 2, 3/Jn 8:31b-32/Lk 14:12-14

Read the following passage four times.

- The first reading, simply read the scripture and pause for a minute.
Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.

- The second reading, look for a key word or phrase that draws your attention.
Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.

- The third reading, pause for 2-3 minutes reflecting on "*Where does the content of this reading touch my life today?*"
Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.

- The fourth reading, pause for 2-3 minutes reflecting on "*I believe that God wants me to today/this week.*"
Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

Alleluia

Jn 8:31b-32

R. Alleluia, alleluia.

If you remain in my word, you will truly be my disciples, and you will know the truth, says the Lord.

R. Alleluia, alleluia.

Gospel

Lk 14:12-14

On a Sabbath Jesus went to dine at the home of one of the leading Pharisees. He said to the host who invited him, "When you hold a lunch or a dinner, do not invite your friends or your brothers or sisters or your relatives or your wealthy neighbors, in case they may invite you back and you have repayment. Rather, when you hold a banquet, invite the poor, the crippled, the lame, and the blind; blessed indeed will you be because of their inability to repay you."