# Archdiocese of St. Louis Office of Sacred Worship Lectio Divina Saturday of the Tenth Week in Ordinary Time Year II

Lectionary: 364: 1 Kgs 19:19-21/Ps 16:1b-2a and 5, 7-8, 9-10/ Ps 119:36a, 29b/Mt 5:33-37

Read the following passage four times.

- The first reading, simple read the scripture and pause for a minute.

  Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- ➤ The second reading, look for a key word or phrase that draws your attention. Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "Where does the content of this reading touch my life today?"

  Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "I believe that God wants me to . . . . . . today/this week."

  Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

**Reading** 1 Kgs 19:19-21

Elijah set out, and came upon Elisha, son of Shaphat, as he was plowing with twelve yoke of oxen; he was following the twelfth. Elijah went over to him and threw his cloak over him. Elisha left the oxen, ran after Elijah, and said, "Please, let me kiss my father and mother goodbye, and I will follow you." Elijah answered, "Go back! Have I done anything to you?" Elisha left him and, taking the yoke of oxen, slaughtered them; he used the plowing equipment for fuel to boil their flesh, and gave it to his people to eat. Then he left and followed Elijah as his attendant.

### Archdiocese of St. Louis Office of Sacred Worship Lectio Divina

Saturday of the Tenth Week in Ordinary Time Year II

Lectionary: 364: 1 Kgs 19:19-21/Ps 16:1b-2a and 5, 7-8, 9-10/ Ps 119:36a, 29b/Mt 5:33-37 Read the following passage four times.

- ➤ The first reading, simple read the scripture and pause for a minute. Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- ➤ The second reading, look for a key word or phrase that draws your attention. Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "Where does the content of this reading touch my life today?"

  Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "I believe that God wants me to . . . . . . today/this week."

  Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

#### **Responsorial Psalm**

Ps 16:1b-2a and 5, 7-8, 9-10

R. (see 5a) You are my inheritance, O Lord.

Keep me, O God, for in you I take refuge; I say to the LORD, "My Lord are you." O LORD, my allotted portion and my cup, you it is who hold fast my lot.

#### R. You are my inheritance, O Lord.

I bless the LORD who counsels me; even in the night my heart exhorts me. I set the LORD ever before me; with him at my right hand I shall not be disturbed.

#### R. You are my inheritance, O Lord.

Therefore my heart is glad and my soul rejoices, my body, too, abides in confidence; Because you will not abandon my soul to the nether world, nor will you suffer your faithful one to undergo corruption.

#### R. You are my inheritance, O Lord.

## Archdiocese of St. Louis Office of Sacred Worship Lectio Divina Saturday of the Torth Wo

Saturday of the Tenth Week in Ordinary Time Year II

Lectionary: 364: 1 Kgs 19:19-21/Ps 16:1b-2a and 5, 7-8, 9-10/ Ps 119:36a, 29b/Mt 5:33-37 Read the following passage four times.

- ➤ The first reading, simple read the scripture and pause for a minute. Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- ➤ The second reading, look for a key word or phrase that draws your attention. Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "Where does the content of this reading touch my life today?"

  Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "I believe that God wants me to . . . . . . today/this week."

  Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

R. Alleluia, alleluia.

Incline my heart, O God, to your decrees; and favor me with your law.

R. Alleluia, alleluia.

Gospel *Mt* 5:33-37

Jesus said to his disciples: "You have heard that it was said to your ancestors, Do not take a false oath, but make good to the Lord all that you vow. But I say to you, do not swear at all; not by heaven, for it is God's throne; nor by the earth, for it is his footstool; nor by Jerusalem, for it is the city of the great King. Do not swear by your head, for you cannot make a single hair white or black. Let your 'Yes' mean 'Yes,' and your 'No' mean 'No.' Anything more is from the Evil One."