

Wednesday of the Fourteenth Week in Ordinary Time Year II Lectionary: 385: Hos 10:1-3, 7-8, 12/Ps 105:2-3, 4-5, 6-7/Mk 1:15/Mt 10:1-7

Read the following passage four times.

- ➤ The first reading, simple read the scripture and pause for a minute. Listen to the passage with the ear of the heart. Don't get distracted by intellectual types of questions about the passage. Just listen to what the passage is saying to you, right now.
- ➤ The second reading, look for a key word or phrase that draws your attention. Notice if any phrase, sentence or word stands out and gently begin to repeat it to yourself, allowing it to touch you deeply. No elaboration. In a group setting, you can share that word/phrase or simply pass.
- The third reading, pause for 2-3 minutes reflecting on "Where does the content of this reading touch my life today?"

 Notice what thoughts, feelings, and reflections arise within you. Let the words resound in your heart. What might God be asking of you through the scripture? In a group setting, you can share your reflection or simply pass.
- The fourth reading, pause for 2-3 minutes reflecting on "I believe that God wants me to today/this week."

 Notice any prayerful response that arises within you, for example a small prayer of gratitude or praise. In a group setting, you can share your reflection or simply pass.

ReadingHos 10:1-3, 7-8, 12

Israel is a luxuriant vine whose fruit matches its growth. The more abundant his fruit, the more altars he built; the more productive his land, the more sacred pillars he set up. Their heart is false, now they pay for their guilt; God shall break down their altars and destroy their sacred pillars. If they would say, "We have no king"—since they do not fear the LORD, what can the king do for them?

The king of Samaria shall disappear, like foam upon the waters. The high places of Aven shall be destroyed, the sin of Israel; thorns and thistles shall overgrow their altars. Then they shall cry out to the mountains, "Cover us!" and to the hills, "Fall upon us!"

"Sow for yourselves justice, reap the fruit of piety; break up for yourselves a new field, for it is time to seek the LORD, till he come and rain down justice upon you."

Archdiocese of St. Louis Office of Sacred Worship Lectio Divina Wednesday of the Fourtee

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Responsorial Psalm

Ps 105:2-3, 4-5, 6-7

R. (4b) Seek always the face of the Lord.

or: R. Alleluia.

Sing to him, sing his praise, proclaim all his wondrous deeds. Glory in his holy name; rejoice, O hearts that seek the LORD!

R. Seek always the face of the Lord.

or: R. Alleluia.

Look to the LORD in his strength; seek to serve him constantly. Recall the wondrous deeds that he has wrought, his portents, and the judgments he has uttered.

R. Seek always the face of the Lord.

or: R. Alleluia.

You descendants of Abraham, his servants, sons of Jacob, his chosen ones! He, the LORD, is our God; throughout the earth his judgments prevail.

R. Seek always the face of the Lord.

or: R. Alleluia.

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Alleluia Mk 1:15

R. Alleluia, alleluia.

The Kingdom of God is at hand: repent and believe in the Gospel.

R. Alleluia, alleluia.

Gospel *Mt* 10:1-7

Jesus summoned his twelve disciples and gave them authority over unclean spirits to drive them out and to cure every disease and every illness. The names of the Twelve Apostles are these: first, Simon called Peter, and his brother Andrew; James, the son of Zebedee, and his brother John; Philip and Bartholomew, Thomas and Matthew the tax collector; James, the son of Alphaeus, and Thaddeus; Simon the Cananean, and Judas Iscariot who betrayed Jesus.

Jesus sent out these Twelve after instructing them thus, "Do not go into pagan territory or enter a Samaritan town. Go rather to the lost sheep of the house of Israel. As you go, make this proclamation: 'The Kingdom of heaven is at hand."