

FIND LOVE, MERCY & JOY

"THE FATHER OF MERCIES IS READY TO GIVE YOU HIS FORGIVENESS AND HIS PEACE IN THE SACRAMENT OF RECONCILIATION. UNDERSTAND THAT NOTHING IS DEFINITELY LOST AND YOU WILL BE ABLE TO ASK FORGIVENESS FROM YOUR CHILD, WHO IS NOW LIVING IN THE LORD."

- St. Pope John Paul II in The Gospel of Life



"I PRAY THAT ALL... WITH THE LONGING TO BE HEALED BY JESUS, MAY FIND HIM, THE SOURCE OF TRUE JOY, PEACE, AND LOVE, AND ALLOW GOD TO RESTORE THEM TO WHOLENESS AND HAPPINESS."

- St. Mother Teresa of Calcutta on abortion healing and Rachel's Vineyard



"Rachel mourns her children; she refuses to be consoled because her children are no more.

Thus says the Lord, 'Cease your cries of mourning. Wipe the tears from your eyes. The sorrow you have shown shall have its reward.

There is hope for your future."

JEREMIAH 31:15-17



Abortion Healing Ministry, Archdiocese of St. Louis

Call/Text Hopeline: 314.406.0815

Email: hopehealing@archstl.org

Web: www.archstl.org/hope-healing

Address: 20 Archbishop May Drive,
St. Louis, MO 63119

IS THERE A HOLE IN YOUR HEART?

God is ready to fill it
with His *forgiveness*,
healing, and hope



ARCHDIOCESE OF ST. LOUIS

project joseph

hopehealing@archstl.org • archstl.org/hope-healing

IS THERE A HOLE IN YOUR HEART?

Are you feeling:

- The heavy weight of shame, guilt, or isolation?
- Grief for the children lost?
- The inability to forgive yourself or others?
- Unworthy to receive forgiveness, help or love from God or the Church?

At the time, abortion may have seemed like the only answer. Pressure may have come from everywhere and support from almost nowhere.

It was legal. It seemed sensible. But now it hurts. This pain comes in part from unresolved grief and loss. Abortion also causes physical, emotional, mental and spiritual wounds that can be healed.

In Christ there is always hope.

ABOUT *Your Healing Journey*

Just as every person is unique so is each healing journey. The Abortion Healing Ministry (AHM) of the Archdiocese of St. Louis offers many different resources to help you using an integrated approach to healing. Our trained, compassionate team will meet you where you are at with the confidential care you need every step of the way.

- One-on-one pastoral care with confidential phone, text, and email hopelines
- Referral to a priest who will provide spiritual support including the Sacrament of Reconciliation
- Weekend healing retreat and follow-up, with a team trained in abortion trauma, through Rachel's Vineyard
- Referrals to professional counseling
- Days of Hope and Healing
- Rachel Healing Garden
- Bible study and fellowship groups
- Books, virtual support and other resources



HOPE, HEALING & A NEW BEGINNING...

We found healing in Jesus Christ.

"Being wounded by an abortion in our teens, we went through decades of silence, deep pain, and regret.

But God wasn't done with our story. Our healing began when we attended a Rachel's Vineyard retreat and sought His forgiveness. We prayed together about our aborted son and named him Ryan Paul.

Now we minister together to help others wounded by abortion to find the same healing we did in Jesus Christ." - Chuck & Linda

.....

The warmth of God's love engulfed me.

"It took me months to muster up the nerve to call...The voice on the other end was full of hope. My journey of healing began that day. Project Rachel literally lit the path for me. ...the warmth of God's love engulfed me. I was able to connect with other women who knew the despair that I knew, and we were able to experience the joy of receiving the gifts of hope and healing together...I will always regret my decision, but it no longer defines who I am." - Abby

